

**METROPOLITAN SWIMMING, INC.**  
**HOUSE OF DELEGATES MEETING**  
**Wednesday, May 17, 2006**

**1: CALL TO ORDER, WELCOME, and INTRODUCTIONS:**

The House of Delegates meeting came to order at 7:15pm at the White Plains, YWCA.

The list of Clubs in attendance is at the Metro office.

Mary Fleckenstein welcomed everyone present at the meeting and introduced the new Junior Rep., Steffi Niessl of the BGC-N. Westchester Marlins. Coaches were reminded to fill out cards for meet bids.

**2: ACCEPTANCE/CORRECTIONS OF MINUTES:**

#6a: Administrative Vice Chair: **The** six clubs may still be sent to review. #8c: Age Group Chair: The Board of Directors has adopted ~~a new~~ **an amended** policy requiring all Metro Swimmers ... #13d: Zone Team Coordinator: All swimmers will be ~~asked~~ **required** to meet at the Marriott at a certain time on Wednesday.

Larry Collins made a motion to accept the minutes of the January 11, 2006 House of Delegates meeting. Steve MacKay seconded the motion. Minutes were accepted as corrected.

**3: GENERAL CHAIR:** Mary Fleckenstein

**A: Eastern Zone Meeting Recap:**

a) EZ Meeting was held May 13<sup>th</sup> in Richmond, Virginia:

- a. USA Swimming has selected a company to do the background checks. USA Swimming Board of Directors will partake in the initial pilot program. This should begin any day.
- b. USA Swimming Policy Handbook is posted on the USA Swimming website.
- c. Mark Shubert was hired as National Team Head Coach/General Manager. Lindsay Benko Mantico was hired as his operational assistant.
- d. John Cruzat was hired as the new Diversity Coordinator.
- e. YMCA will be using the "wet rule" portion of the USA Swimming rule book beginning September 1, 2006 (technical rules).
- f. Jeff Gudman made a presentation on which LSC a new club should be registered in.
- g. Ira Klein and Tom Avischious presented some of the new programs from USA Swimming:
  1. IMX program is growing
  2. Virtual Club Championship
  3. Club Recognition Program
  4. My USA Swimming Page
  5. Seasonal Program Designer (a \$60 program to help plan your swim season).
  6. "Successful Sports Parenting CD" – It will be available for \$40 retail. There will be a \$20 coupon in Splash Magazine and clubs will be able to purchase quantities for approximately \$15. One copy will be sent to every club and to every LSC office.

b) Changes for the Short Course Zones:

- a. Changes in order of events: previously numbered events 111-116 (200 fly for 15-18 and 13-14/100 fly for 11-12) will be reversed in order of swim with events 105-110 (100 free for 15-18 and 13-14/50 free for 11-12).
- b. Addition of the 200 Medley Relay to the Short Course Zone Meet for 13-14 and 15-18.
- c. There will be qualifying times set for all age groups, allowing the LSC to potentially bring more than 2 swimmers per event. Additional swimmers can be added provided they all achieve the qualifying time. Qualifying times will be based on the faster of the 8<sup>th</sup> place in prelims or last place in finals of the previous year for 10 & under, 11-12 and 13-14. Qualifying times for 15-18 will be based on an analysis of how above QT's for other age groups compare to Top 16 Reportable Times. Current rule allowing each LSC to enter 2 swimmers in each individual event regardless of entry time remains. NFT rule and national meet participation rules remain in effect.

c) Sectionals (Spring and Summer):

- a. Spring Sectionals in 2008 (both North and South Regions) will be held Long Course due to Olympic Year.

- b. Each Section was granted the authority to set their own time standards starting in March 2007. North tightened their standards; South did not change theirs from the 2006 meet.
- c. North has decided to adopt the following new rule for bonus events: 1 qual time gets you 1 bonus; 2 get you 2; 3 get you 1; 4 or more get zero. South decided to keep the previous rule (1 qual time gets 1 bonus; 2 or more get 2).
- d. Both North and South adopted a new rule regarding Sunday's relays: each relay team must declare by Saturday check-in time whether they want to swim the relays Sunday AM or Sunday pm. Up to 16 relays (based on time) will be permitted to swim in PM. All wishing to swim in prelims may do so.
- e. SuperSectional will also adopt the new Sunday Relay Rule effective July 2006.
- f. Time standards for summer 2007 will be set based on the following objectives: 50's and 100's (10 heats); 200's and 400's (8 heats); 800's and 1500's (6/7 heats).
- d) Meet schedule and sites:
  - a. Eastern Zone Northern Sectional (Speedo Series): March 8-11, 2007 at Harvard University
  - b. Eastern Zone Southern Sectional (Speedo Series): March 15-18, 2007 at Germantown A.C.
  - c. Eastern Zone Age Group SC Championships: March 29-31, 2007 at ECC in Buffalo
  - d. Eastern Zone SuperSectional (LC): July 19-22, 2007 at St Mary's College, Maryland
  - e. Eastern Zone Age Group LC Championships: August 8-11, 2007 at ECC in Buffalo
- e) Nominations were made for the following positions up for election at the September annual meeting: Dave Ferris – Zone Director (Coach); Mary Fleckenstein – Secretary/Treasurer.
- f) National Committees:
  - a. There will be a proposal that the SC Senior National Meet be held the second weekend in December, taking the place of the US Open. Expected to start in December 2007.
  - b. They are looking into giving more flexibility in scheduling Sectional Meets.
  - c. Open Water 10K is now an Olympic Event
- g) New Business:
  - a. The 2007 May Meeting was awarded to Maine by acclamation.
  - b. An LSC Code of Conduct was discussed. Eastern Zone and US Swimming already have code of conduct in place. Meet Referee can immediately remove an athlete from the meet. Meet jury is in place to hear appeals, protests and problems on any issues. If a referee removes a swimmer from the meet, the swimmer must be offered a chance to appeal to the meet jury.
  - c. LSC's should be sure they have a Conflict of Interest statement signed by board members.

**B: Reminder:** Teams have up to three votes. Voting members must be registered as non-athletes.

**C: Zone Meet Recap:** The 2006 Eastern Zone All Star Championship Meet Recap, financial statement and meet report were available at this meeting. Mary thanked all those teams that came out to help at Zones. Special thanks to Corinne Cody for coordinating all the officials that came out to volunteer.

#### **4: TREASURER'S REPORT:** Mary Ann Senecal

- a) The September 1, 2005 to May 16, 2006 report was available at the meeting. The overall balance is \$18,937.79.
- b) Interest on the CD's at HSBC is \$2,374; Interest on the CD's at Astoria is \$132.51 for a Total Fiscal year to date of \$2,506.51.
- c) Larry Collins asked if there were line items in the budget for camps. The answer is yes.
- d) Bea Hartigan made a motion to accept the Treasurer's Report as presented. Holger Fietkau seconded the motion which was approved by all.

#### **5: FINANCE CHAIR:** George Rhein

- a) Money that was invested 2 years ago made about \$38,509.36 profit in 26 months so it is doing extremely well.
- b) Budget is to be presented at the September HOD meeting.

#### **6: ADMINISTRATIVE VICE CHAIR:** Bea Hartigan

- a) Meet Reports: There will be an administrative clinic in June (info has been posted on the website). Various teams are still late in turning in their reports including one for a Championship Meet held in February. These teams have been sent to Review.
- b) One team that was not in good standing paid before the start of the meeting.

- c) If the financial report of a meet will be late, or if the check will be late, please let the Admin. Vice Chair know about it instead of holding off sending the report.

**7: SENIOR VICE CHAIR:** Dave Ferris

- a) Senior Chair Committee has been considering opening Senior Mets LC to a limited amount of teams outside the LSC that would apply to enter the meet (up to 4 to 4½ hours maximum per session). Senior Mets Long Course would also remain a timed final meet of one evening session per day. Dave Ferris made a motion to allow outside teams, by application, and within the confine of the time line of the meet of up to 4 to 4½ hours maximum per session, to enter the summer Senior Mets Long Course meet. Gil Smith seconded this motion. A long discussion on this subject followed. **The motion was approved by roll call vote of 39 yes and 17 no.** Meet entry information will be available on the website in a few days.
- b) A motion to run Senior Mets LC in the AM was made by Richie Finkelstein and seconded by Len Galluzzi. Discussion followed. **This motion failed – 3 yes; all others were opposed.**

**8: AGE GROUP CHAIR:** Paul Furbeck and Bob Vializ

- a) Short Course Eastern Zone Team was extremely successful. Metro finished in 4<sup>th</sup> place overall. The girls' team finished in 2<sup>nd</sup> place and the boys' team finished in 5<sup>th</sup> place. The team spirit was great at the meet and swimmers behaved very well. Special thanks to our new athletes' rep, Steffi Niessl, who spent her whole weekend at Zones even though she wasn't swimming.
- b) The Age Group Committee is continuing work on creating an "Improvement Program" focusing especially on novice and intermediate level swimmers. The committee includes 18 people, 5 of them athletes. USA Swimming is working on software to get full data out of their SWIMS database. If they can do that, we would set a threshold of percentage of improvement. It would be automatic and we would set a window of opportunity for these swims and at the end of that time we would give awards to those athletes that have improved the most. Or it can be done by application from coaches that have athletes who improved tremendously within a set period of time. More info on this will be available at a later date.
- c) Gay Silverman would like to see Metro bring back the Bronze Championship.

**9: COACHES' REPRESENTATIVES:** Gil Smith

- a) **"Metropolitan Age Group Coach of the Year"** sponsored by the American Swim Coaches Association: must be selected by coaches. Information will be available on the website as soon as possible. The award may be given out either at the September House of Delegates or at the 2007 Hall of Fame dinner.
- b) **Coaches must have current certifications with them at all meets.** Meet directors should appoint somebody to go around and ask all coaches to see their cards. **Coaches must be prepared to show their card at all times.**

**10: ATHLETES REPRESENTATIVE:** Steffi Niessl

- a) Nothing new to report at this time. Mary mentioned that Steffi attended her Prom on Friday night and was at the airport the next day at 8am to fly to Richmond, VA to attend her first Eastern Zone Meeting!!!

**11: TECHNICAL PLANNING:** David Ellinghaus

- a) One item came up at the last Technical Planning meeting: whether to add the open 400 IM to the required events for Distance Meets stipends. David Ellinghaus made a motion to keep the required events but to give teams the option to add the open 400 IM or to run the 400 IM as an open event (and still give awards to 11-12 and 13-14). All other additional events would still need to receive prior board approval. George Rhein seconded the motion. All were in favor. None opposed. **Motion carries.**
- b) The 2007 Metro Championships' Schedule and meet bids will be talked about later in New Business.

**12: OFFICIALS CHAIR:** Holger Fietkau & Kris Sawicz

- a) Joseph Stetz Memorial Scholarship Award – 4 scholarships of \$500 each were presented at the Hall of Fame Dinner. Winners were: Tiffany Bui (YWCA Middies) who will attend Harvard University, Natalia Festa (Long Island Aquatic Club) who will attend Harvard University, Robert Frawley III

(Old Westbury) who will attend Columbia University, and Gregory Pfeifer (Flushing YMCA) who will attend Marist College. Congratulations to all!

- b) A reminder about "Staffing a Meet with Deck Officials" was available at the meeting.

**13: ZONE TEAM COORDINATOR:** Barry Roffer

- a) Eastern Zones Long Course will be in Buffalo in August. Rooms have been reserved at the Holiday Inn in Buffalo. Busses (about \$150 increased) and Uniforms (Hobie Swim) are set as well.
- b) Coaches that are interested in attending Zones must apply.

**14: REGISTRATION COORDINATOR:** Barry Roffer

- a) Registrations are effective as soon as the money is received! DO NOT ALLOW SWIMMERS IN A MEET WITHOUT PROPER REGISTRATION. Use only club checks for registrations. Registrations for 2006-2007 season must be done electronically for all athletes (by email or with a disk – no hand entries). It will go up another dollar next year (to \$53).
- b) Coaches must pass the ASCA Test before they can register for their second year of coaching. It is available online (under coaches section).
- c) Coaches must send in their new certifications, before their coach's card expires, to receive a new card – NO coaches should be allowed on deck without a current card! Roster is updated all the time. Meet directors should be checking coaches cards at every meet.
- d) When you get the results of a meet recon from the office, please make sure that you correct the info in your team manager and rebuild the swimmer's ID number. The same applies to the Meet Manager corrections: rebuild ID to reflect the corrections.
- e) Transfer forms must be sent to the office with \$5 fee. Swimmers will be unattached for 120 days from their last competition.

**15: NATIONAL TIMES VERIFICATION/TOP 16:** Monique Grayson/Mary Ann Senecal

- a) Quiet time at the moment, but long course meets season is upon us. Top 10 LC were sent to the website.
- b) We received a letter from Larry Herr asking to delete and then re-enter all the high school meets so the swimmers swims could then be counted for the Virtual Team Championships. (**Note:** we received an apologetic email the next day asking us NOT to do it!!!)

**16: WEB PAGE COORDINATOR:** Monique Grayson

- a) Recap and pictures from the Hall of Fame dinner of May 16<sup>th</sup> have been posted on the website.
- b) Any request for additions, corrections, topics, etc. should be emailed to Monique. Check the website regularly.
- c) Steffi requested to delete the athletes' bios from the Athletes page on the website.

**17: SAFETY COORDINATOR:** Carolyn Johnson

- a) There were 257 incidents within USA Swimming until March 31<sup>st</sup>. Three were in Metro. Carolyn has all three reports!
- b) There is a Safety Weekend on Father's Day weekend. Information is available on the website.

**18: HALL OF FAME:** Len Galluzzi

- a) The Hall of Fame banquet took place Tuesday, May 16, 2006 at Riccardo's in Queens. Mary thanked Lenny and Paul for a phenomenal job. Round of Applause.
- b) About 90 people attended the dinner. Charles "Chuck" Felice, Jessica Foschi and our own Mary Ann Senecal were inducted in the Hall of Fame.

**19: DISABILITIES COORDINATOR:** Corinne Cody

- a) Long Course Zone meet applications for swimmers with disabilities is available on the website
- b) Two swimmers attended the short course Zones and did very well.

**20: OPEN WATER COORDINATOR:** Bea Hartigan

- a) The Metropolitan Open Water Championships will be on Sunday, July 9<sup>th</sup> in Huntington – Registrations are coming in slowly. Six Masters Swimmers are already entered.

**21: SWIM-A-THON:** Rich Finkelstein

- a) The 2005 Individual Fund Raiser winner for Metropolitan is Marissa Johnston from Hauppauge (\$1,197.00). Congratulations Marissa.

**22: OUTREACH COORDINATORS:** Brian Brown and Larry Collins

- a) Brian had a meeting with John Cruzat and Tom Avischious last week. (John and Tom also went to the Riverbank Redtails and to the Boys Club of New York). They are working on creating diversity in Sports and are looking for ways to enrich the sport of Swimming through diversity.

**23: OLD BUSINESS:**

- a) Rich Finkelstein thanked everyone publicly for their wonderful support, their thoughts and prayers following the tragic accident that took place in March. The team is dealing with it as best as they can.

**24: NEW BUSINESS:**

- a) Richie Finkelstein: Positions available: NYU is looking for an assistant aquatic director and Flushing YMCA is looking for an aquatic director!
- b) The Nominating Committee presented the **slate of officers** for election. Paul Fortoul made a motion to accept the following members for a two-year term. David Ellinghaus seconded the motion – All in favor – **Slate of officers was accepted as voted on by acclamation.**
- o General Chair: Mary Fleckenstein
  - o Finance Chair: Corinne Cody
  - o Secretary: Monique Grayson
- c) The Nomination Committee also presented the following **slate of officers** for election:
- o Administrative Vice Chair: John Santos and Gil Smith. Lenny Galluzzi nominated George Rhein from the floor. George accepted the nomination. John Santos was not at the meeting. Gil Smith and George Rhein introduced themselves. Written votes were collected. Result of the vote: **George Rhein.**
  - o Senior Vice Chair: Bea Hartigan and Larry Collins. Lenny Galluzzi nominated Brian Brown who accepted the nomination. Bea Hartigan, Larry Collins and Brian Brown introduced themselves. Written votes were collected. Result of the vote: **Brian Brown.**
  - o Coaches Representative: Dave Ferris. Scott Bartleson accepted a nomination from the floor. Dave Ferris and Scott Bartleson introduced themselves. Written votes from all coaches in attendance were collected. Result of the vote: **Scott Bartleson.**

Congratulations to all the officers mentioned above. They will serve for a two-year term. David Ellinghaus made a motion requesting the secretary to destroy the ballots. Carolyn Johnson seconded the motion. All were in favor. Ray D'Annolfo handed the box of ballots to Monique. Ballots were later destroyed (shredded) as requested.

- d) Technical Planning: David Ellinghaus mentioned that the Minutes of the Technical Planning Meeting of April 25<sup>th</sup> were posted on the website. Some proposals have changed as a result of the Eastern Zone Meeting that was held in Virginia on May 13<sup>th</sup>. The Metropolitan Board of Directors met briefly before the House of Delegates.
- e) David Ellinghaus made a motion to divide Metro into four (4) groups for the Age Group Championships only.
- o North would stay as before but GAEL and Silver Streaks would go to Central.
  - o Central would now include GAEL and SS but would lose LBA, LIE and OWA.
  - o South (Nassau) would include Nassau County teams including LBA, LIE and OWA.
  - o East (Suffolk) would include all teams from Suffolk County.

George Rhein seconded the motion. Long discussion followed on this subject. **This motion was approved by roll call of 27 yes and 15 no.** It will be good for a one-year trial and then will be revisited. This is for Age Group meets only and will not affect the Silver Championships.

- f) David Ellinghaus presented the **proposed** 2007 Championship Meet schedule as follows:
- o February 9-11 – Silver Championships
  - o February 17-19 – Zone Qualifier
  - o February 22-25 – Senior Mets
  - o March 3-4 – 8&Under Championships
  - o March 9-11 – Speedo Champions Series (Sectionals North)

- o March 16-18 - Junior Olympics (and Y State)
- o March 23-25 – Age Group Championships
- o March 29-31 – Eastern Zone Short Course Championships

\*\* A lengthy discussion followed on whether or not we needed a Zone Qualifying meet to select the Zone Team. Proponents and opponents spoke about their feelings on this subject. Dave Ferris made a motion to do away with the Zone Qualifying meet and to choose the Zone Team through an application process for meets held between February 1 and March 18, 2007. Paul Furbeck seconded the motion. Discussion followed. Gay Silverman requested that Time Trials may not be included. Larry Van Wagner called the vote. All were in favor. **Motion carries.**

\*\* Larry Van Wagner made a motion to hold the Junior Olympics March 9-11, 2007. Many people seconded the motion. Another discussion followed as those dates coincide with the Speedo Series.

**The motion failed by show of hands of 17 yes and 37 no.**

\*\* Paul Furbeck made a motion to hold the Junior Olympics March 16-18. Larry Collins seconded the motion. Vote by show of hands resulted in 29 in favor and 18 opposed. **Motion carries.**

\*\* Lenny Galluzzi made a motion to include time trials run at Sanctioned Meets only. Bob Vializ seconded this motion. All were in favor and one was opposed. **Motion carries.** Time Trials from sanctioned meets will be accepted to qualify for Zones.

\*\* Kevin Storrs (NDAC) made a motion to reopen the subject of Junior Olympics and to move the dates to March 2-4 instead. Gil Smith seconded this new motion. Lengthy discussion followed again of whether JO's should fall on the same weekend as High School Boys State or on the same weekend as Speedo Series. Larry Collins called the vote. **This motion failed by written ballots of 27 for and 34 against.** JO's will stay as previously decided: March 16-18, 2007.

g) David Ellinghaus made a motion to accept the following **2007 Metro Championship Schedule:**

- o **February 9-11 – Silver Championships**
- o **February 22-25 – Senior Mets**
- o **March 3-4 – 8 & Under Championships**
- o **March 16-18 - Junior Olympics**
- o **March 23-25 – Age Group Championships**
- o **March 29-31 – Eastern Zone Short Course Championships**

George Rhein seconded the motion. A show of hands resulted in one opposed, one abstention. All other votes were in favor. **Motion carries.**

David reminded members to get on Committees as much as possible. Dates of meetings will be posted on the website. Some committees do business through emails as well.

h) Technical Planning made a motion that all applications of swimmers requesting to be on the Zone Team will be due no later than the close of Junior Olympics on March 18, 2007. A check must accompany each application. Checks would be returned to all swimmers that don't make the team. In addition, swimmers attending the YMCA State Meet will have until noon, on Monday, March 19, 2007 to fax their application to the Metro Office. Carolyn Johnson seconded the motion which **carried** unanimously.

i) Richie Finkelstein made a motion to have the YMCA State meet count as one of the 5 Metro Meets needed for travel stipends. Ian Noach seconded this motion which was **approved by a show of hands of 41 for, 1 opposed and 1 abstention.**

j) The Review Section may need new Athletes Reps.

k) Bid Meeting for 2006-07 (Calendar is attached) – Championship meets were decided as follows:

- o February 9-11 – **Silvers North:** YMID/NYSA (9 votes) or COND (2 votes) at Felix Festa
- o February 9-11 – **Silvers Central:** APEX at Lehman
- o February 9-11 – **Silvers South:** TVSC
- o February 22-25 – **Senior Mets:** at Lehman – run by Metro
- o March 3-4 – **8 & Under Championships:** BAD at Lehman
- o March 16-18 - **Junior Olympics:** TVSC/TS at Nassau County Aquatic Center
- o March 23-25 – **Age Group North:** VAC
- o March 23-25 – **Age Group Central:** APEX at Lehman
- o March 23-25 – **Age Group South/Nassau:** TBA: OWA (at OWA) or LIAC (at NCAC)
- o March 23-25 – **Age Group East/Suffolk:** CSC

Dave Ferris asked to hold off on the vote for Age Group South/Nassau until he knows the availability of Nassau County Aquatic Center on those dates.

- l) Mary Ann Senecal mentioned that there were many bids for distance meets. For this reason, each club will receive a \$750 stipend instead of \$1000.

A motion to adjourn the meeting at 10:10pm was made, seconded and approved by all.

**House of Delegates Meetings 2006-2007:**

- **September TBA, 2006 – Mandatory meeting for all clubs - 8:30am at the White Plains YWCA – one athletes' rep (13&over) per team must be present.**
- **January TBA, 2007 – 7:00pm at the White Plains YWCA – Bid meeting**
- **May TBA, 2007 - 7:00pm at the White Plains YWCA – Bid meeting**

Submitted by Monique G. Grayson  
May 23, 2006

# METROPOLITAN SWIMMING, INC.

## 2006-07 CALENDAR

### SEPTEMBER:

**TBA:** **Mandatory House of Delegates Meeting:** 8:30am at White Plains Y  
31-Oct.1: Old Westbury Aquatics – OWA 500 and Fall Swim Festival – 2 sessions

### OCTOBER:

**6-8:** New York Sharks Aquatics Invitational – 5 sessions – at Felix Festa  
**7-8:** Condors- at Felix Festa  
7-8: Old Westbury Aquatics – OWA 1000 and 8 & Under – 3 sessions  
13: ASCSC Relay Carnival (closed)  
13: Middletown Recreation Swim Team – Distance Meet  
14: Middletown Recreation Swim Team – 2 sessions  
14-15: BGNW Marlins Season Starter – Age Group – no 8 & Under – 4 sessions  
15: Flushing YMCA - Distance Meet  
20-22: Long Island Express – 5 sessions  
21: Newburgh Sharks – Annual Red, White & Blue – 2 sessions  
21: BGNW Marlins - 8 and Under Meet – 1 afternoon session  
21-22: Three Village Swim Club – Ann Wycoff Meet  
21-22: Flushing Y – Junior Swim Championships  
22: Badger Swim Club at Lehman - 2 sessions  
28: West Point Swim Club – 1 session 10 & Under  
27-29: YWCA Middies Halloween Invitational  
27-29: Marist Swim Club – MSC Fall Invitational  
28-29: LIAC – Chappy's Big Race Invitational – 4 Sessions at NCAC  
28-29: Connetquot Swim Club – Halloween Meet

### NOVEMBER:

4: Big Blue Harvest Relays and Sprints – 2 sessions  
4: Sachem Swim Club Fall Meet – 2 sessions  
5: BGNW Marlins Distance Meet – 2 sessions  
10-12: New York Sharks Aquatics Invitational at Felix Festa – 5 sessions  
10-12: Viking Aquatic Club – Viking Classic - 6 sessions  
10-12: Old Westbury Aquatics – OWA 1650 and Sprints – 4 sessions  
11: YWCA Middies 8-Under Mini Invitational  
11-12: Asphalt Green – NY City Open Invitational – Prelims (LCM) and Finals (SCY)  
17-19: Gael Aquatic Club at IONA – 9 and Over Age Group Meet - 5 sessions  
17-19: Aqua Gems – Early Bird Meet – 56 sessions  
17-19: Flushing YMCA - Big Apple Classic  
18: BGNW Marlins - 8 and Under Meet – 1 afternoon session  
19: BGNW Marlins – Age Group Meet (no 8 & Under) – 2 sessions  
19: Hauppauge – 2 sessions  
25-27: Long Island Express Invitational – 5 sessions  
24: Asphalt Green – Thanksgiving Invitational – Distance Meet  
24-26: YWCA Middies Thanksgiving Invitational  
24-26: Long Island Express – 5 sessions  
25: Pace Setters Thanksgiving Invitational – 2 sessions  
25-26: LIAC Thanksgiving Classic Invitational – at NCAC – 4 sessions

### DECEMBER:

1: Connetquot: Holiday meet – Distance meet  
2-3: Connetquot: Holiday meet – 4 sessions  
2-3: BGNW Marlins - Holiday Meet – Age Group – no 8 & Under - 4 sessions  
3: Condors  
3: Gael Aquatic Club at IONA – 8-Unders only – 1 session



8-10: West Point Holiday Invitational – 7 sessions – T/F  
9-10: Newburgh Sharks – Blue & Gold Meet – 4 sessions  
10: Badger Swim Club - 2 sessions  
15-17: Marist SC – Christmas Invitational

#### JANUARY 2007:

**TBA:** **House of Delegates** – summer meets bid meeting - 7:00pm at White Plains YWCA  
5-7: Aqua Gems January Blitz – 5 sessions  
5-6: Sachem Swim Club – Winter Meet – 3 sessions  
6-7: Old Westbury Aquatics – Winter Swim Invitational – 3 sessions  
7: Long Beach Aquatics Snowball Mini Meet – 8&Unders Only  
7: Hauppauge – 2 sessions  
12-13: Big Blue Swimming Winter Classic - 3 sessions  
13: Badger Swim Club – Distance Meet  
14: Badger Swim Club – Age Group Meet – 2 sessions  
13-15: Nu-Finmen – 26<sup>th</sup> Annual Dr. Martin Luther King Jr. Classic at NCAC – 5 sessions  
13-15: YMID/NY Sharks at Felix Festa – New Year Invitational  
13-15: Asphalt Green MLK Invitational  
19-21: Newburgh Sharks – Trials & Finals Team Championship – 7 sessions  
19-21: Long Island Express – 5 sessions  
20: Pace Setters – Distance Meet – 2 sessions  
26-28: TVSC January Joust Swim Meet  
27-28: Flushing YMCA – Fran Schnarr Sprint meet  
**27-28:** New York Sharks Aquatics at Felix Festa  
**26:** Condors Distance Meet at Felix Festa  
**27-28:** Condors – at Felix Festa

#### FEBRUARY:

3-4: YWCA Middies Mini (Feb. 3) and Distance (Feb. 4) Invitational  
3-4: Old Westbury Aquatics – Last Chance Invitational – 2 sessions  
9-11: **SILVER CHAMPIONSHIPS:** **North:** YMID/NYSA – **Central:** APEX – **South:** TVSC  
16-17: Hauppauge – IMX Extreme Challenge Meet – 3 sessions  
17-18: Badger Swim Club – 4 sessions  
22-25: **SENIOR METS:** at Lehman – hosted by Metro

#### MARCH:

2-4: YWCA Middies March Madness Invitational  
3-4: **8-UNDER CHAMPIONSHIPS:** Badger Swim Club @ Lehman  
4: Long Beach – Kiwanis Meet – 9 & over swimmers only  
8-11: **SPEEDO CHAMPIONS SERIES (SECTIONALS NORTH)** at Harvard  
16-18: **JUNIOR OLYMPICS:** Trials/Finals at Eisenhower Park – co-hosted by Three Village Swim Club and Team Suffolk – Half Hollow Hills  
TBA: **NCSA JUNIOR NATIONALS**  
23-25: **AGE GROUP INVITATIONAL:**  
**North:** Viking – **Central:** APEX – **South/Nassau:** **OWA or LIAC** – **East/Suffolk:** CSC  
27-31: **SPRING NATIONAL CHAMPIONSHIPS LC** @ Nassau County Aquatic Center  
29-31: **EASTERN ZONE SHORT COURSE** @ Buffalo

#### APRIL:

13-14: ASCSL (closed)  
28-29: Old Westbury Aquatics – 2<sup>nd</sup> Invitational OWA Cup – 4 sessions

#### MAY:

**TBA:** **House Of Delegates/Bid Meeting:** 7:00pm at White Plains YWCA