

Metropolitan Swimming

Age Group Report on the United States Aquatic Sports Convention

The United States Aquatic Sports Convention took place from Tuesday, September 24th, 2008, through Sunday, September 28th, 2008.

Let's Get Started (Primarily for New Delegates)

- 1) This meeting was an introduction to the convention for all new delegates to the program. The Convention Education Committee ran this first class; it was a combination of rules, simulations of meetings, and swimming jeopardy.

Age Group Committee Meeting

- 1) IMX Power points will result in a Age Group Championship Meet in December. Start date to be determined. The IMX championships will be broken down into 4 meets across the country. (resembling Zones) There will be a point standard in order to qualify for this meet. Each age group will have different point status in order to qualify.

Make a Splash

- 1) USA Swimming Make a Splash Meeting was hosted by USA Swimming diversity members addressing the fact that drowning kills 9 people per day and a large number are children and drowning in ethnic neighborhoods. Latinos and African Americans are the hardest hit but the lack of knowledge when it comes to swimming.
- 2) This program is posted on the USA Swimming web site –and it's mission is to teach learn to swim programs free and is partially funded through the USA Swimming Foundation and other personal supporters.

Eastern Zone Meeting (7pm-9pm– For all representatives from the Eastern Zone)

- 1) The Eastern Zone meeting was extremely political. With Northern LSC's view varying from the southern LSC's views
- 2) In this Zone Meeting we discussed location of championship meets such as zones and sectionals, zone standard times, and the addition of a new Senior Meet in August for 14 and over's only. USA Swimming will also be providing 10,000 Dollars to the team that hosts this event.
- 3) In addition, Potomac Valley LSC proposed to eliminate all 17-18 swimmers from the All-Star Zone Meet. This was Turned down by all other LSC's

House of Delegates (10am -2pm– For all Representatives of USA Swimming)

- 1) Moment of silence to all that departed since last year.
- 2) Swimwear restrictions were put in place for those competing in 12 & under age group defined competitions.
- 3) Other Laws were modified and can be viewed on the metro website.

Aquatic Awards Banquet (7pm-10pm)

- 1) Hosted by Olympian Rowdy Gaines, the Banquet was a great, cheerful conclusion to the week.
- 2) USA Swimming Awards included:
Swimmer of the Year: *Michael Phelps*

