

# 2014 HUNTINGTON BAY 5K and AGE GROUP OPEN WATER CHAMPIONSHIPS

HOSTED BY: Townwide Fund of Huntington, Inc.

Metro Swimming SANCTION # 140700-OW

DATE: Sunday July 13, 2014

ELIGIBILITY: All participants **MUST** be members of USA Swimming, or a National Federation.

Referee: Kurt Thiel 703-685-7752 swimthiel@erols.com

Meet Director/Admin: Bea Hartigan (below)

Female	5K EVENTS	Male
1	Open (USA Swim) Starts at 08:15	2

RACE DESCRIPTION: Rectangular course on Huntington Bay marked with inflatable orange buoys and/or anchored sailboats. The *finish* requirements will be given at the pre-race briefing.

TERMINATION: After the first Male and first Female have completed a **5k** event, all of that gender still on the course one hour later will be picked up by the escort craft. In the interest of safety, the USCG, Safety Monitor, Referee and/or the Meet Director reserve the right to end competition at any time any considers conditions warrant.

**ALL entrants must be USA Swim members. One Event Membership is \$20.00.**  
Form is at "Metroswimming.org" under forms. Include with entry.

AGE GROUP EVENTS		
3	10-Under - 1,000 mtr	4
5	11-12 - 2,000 mtr	6
7	13-14 - 3,000 mtr	8

## AWARDS

5k

Trophies to Top 3 Females & Males

Age Group

Medals for First through Third

ENTRY FEES: USA Swim 5K \$20.00

ENTRY DEADLINE: July 2, 2014

Age Group \$15.00

**ABSOLUTELY NO LATE or DECK ENTRIES!**

Payable to: Metropolitan Swimming, Inc.

Mail to:

Hartigan, 27 Huntington Rd, Huntington NY 11743

Bea

**NOTES:** It is required that all competitors be at the VENUE by 7:00 AM for check-in and briefing. Meet Swim caps will be provided **and** are required to be worn for safety and identification purposes.

Swimmers are **not** required to have individual escort craft but are *encouraged* to have them, **provided** they are non-motorized. Only meet officials and/or authorized safety personnel are permitted aboard the designated safety patrol and turn point craft. There will be volunteer Kayak guides, see "Other Information" on course info sheet.

**Swimmers with a disability are encouraged to enter.**

Please notify *with your entry*, and call the Referee, for any needed accommodations.

In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the dock area.

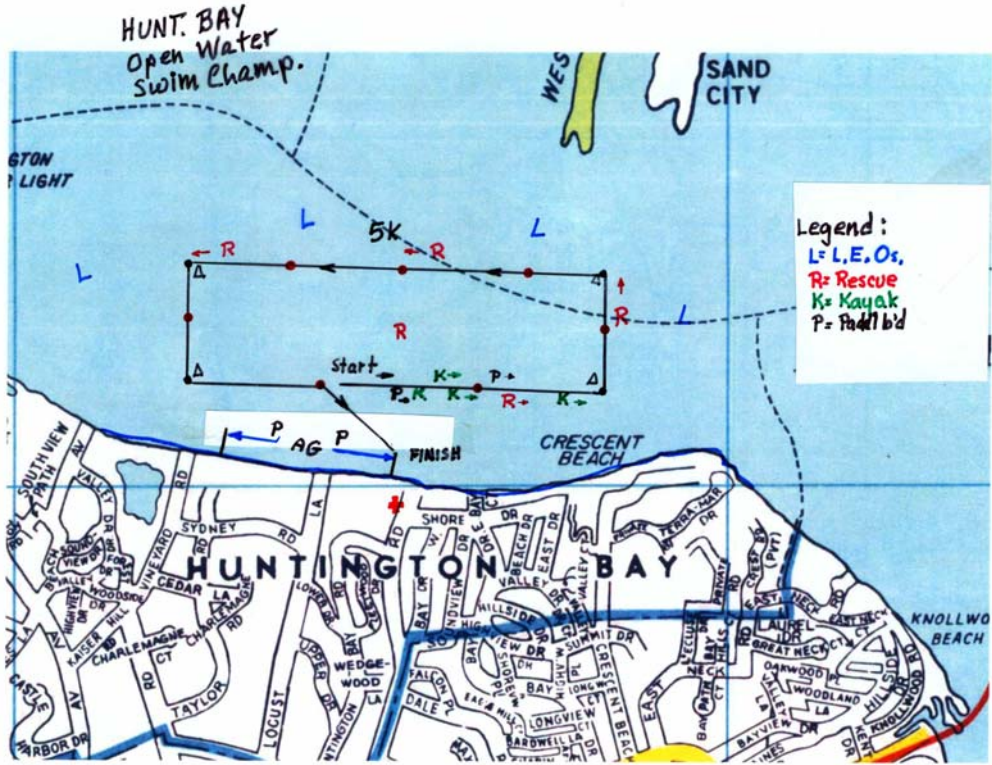
**PLEASE NOTE: We are all guests, it is important that we not abuse the property. In addition, there are nesting Ospreys on the pier structure we are NOT to disturb!**  
Please see separate directions page.

**DIRECTIONS:** Please be advised that **FREE** shuttle service will be provided from the Huntington Town Hall parking lot. We need to keep the few parking spaces at the site available for the officials and Kayakers.

*NO parking is permitted on the streets in the incorporated village.*

For information: Bea Hartigan (631) 271-3349; <Bea10k@yahoo.com>





## DIRECTIONS FOR METROPOLITAN OPEN WATER SWIMS

*Please be advised that **FREE** shuttle service will be provided from the Huntington Town Hall parking lot. We need to keep the few parking spaces at the venue available for the volunteer kayakers. There is **NO** parking permitted on the streets.*



	<b>Rte 25-A (Main Street)</b>	Chalet Motor Inn □
<b>Rte. 110 ~ NY Ave.</b> ⇒ ⇒ ⇒	→ ½ mi. Town Hall (#100) Parking	← Rte. 110 = 3.2 mi. 3.2 mi. ↑
	<b>Rte 25 (Jericho Tpke)</b>	
Bertucci's    →    □		2.4 mi. ↑
Exit 40	<b>Northern State P'kway</b>	
		1.1 mi. ↑
Exit 49	<b>Long Island Expressway</b>	
Huntington Hilton    →    ⊕		2.3 mi. ↑
<b>Rte. 110 ~ Broad Hollow Road</b> ⇒ ⇒ ⇒		3.3 mi. ↑
Exit 35	<b>Southern State P'kway</b>	

Parking will be VERY limited at the venue. Parking permits will be issued for officials and escort kayakers ONLY! We have made arrangements to provide FREE shuttles service from the Huntington Town Hall parking lot on 25-A (Main Street) ½ mile east of Rte. 110. Town Hall is on the right, opposite Old First Church. The parking lot is in the back. Carpools with a minimum of three swimmers may be issued a parking pass. First Bus at 06:15, Last at 07:10.

Please also note that the Village of Huntington Bay does not permit parking on **any** of the Village roads.

### Grateful Appreciation to our local Supporters:

Halesite Fire Department  
Centerport Fire Department  
Town of Huntington  
USCG - Sector Long Island Sound  
USCG - Eaton's Neck

Suffolk County PD Marine Bureau  
Cold Spring Harbor FD  
Huntington Bay Constable  
USCG Auxiliary  
Towne Bus/WE Transport





**USA SWIMMING**

**2014 SINGLE-MEET OPEN WATER ATHLETE APPLICATION**

**LSC: Metropolitan Swimming, Inc.**

*THIS MEMBERSHIP IS ONLY FOR MEETS BELOW ZONE, SECTIONAL AND NATIONAL LEVELS.*

NAME OF MEET/DATE(S)

PLEASE PRINT LEGIBLY • COMPLETE ALL INFORMATION:

LAST NAME

LEGAL FIRST NAME

MIDDLE NAME

PREFERRED NAME

DATE OF BIRTH (MM/DD/YYYY)

SEX (M/F)

AGE

(Bill, Beth, Scooter, Liz, Bobby)

FATHER/GUARDIAN LAST NAME

FATHER/GUARDIAN FIRST NAME

MOTHER/GUARDIAN LAST NAME

MOTHER/GUARDIAN FIRST NAME

MAILING ADDRESS

U.S. CITIZEN:  YES  NO

CITY

STATE

ZIP CODE

ARE YOU A MEMBER OF ANOTHER FINA FEDERATION?  YES  NO

AREA CODE

TELEPHONE NO.

FAMILY/HOUSEHOLD E-MAIL ADDRESS

IF YES, WHICH FEDERATION:

**DISABILITY:**

- A. Legally Blind or Visually Impaired
- B. Deaf or Hard of Hearing
- C. Physical Disability such as amputation, cerebral palsy, dwarfism, spinal injury, mobility impairment
- D. Cognitive Disability such as severe learning disorder, autism

**RACE AND ETHNICITY (You may check up to two choices):**

- O. Black or African American
- R. Asian
- S. White
- T. Hispanic or Latino
- U. American Indian & Alaska Native
- V. Some Other Race
- W. Native Hawaiian & Other Pacific Islander

**MAKE CHECK PAYABLE TO:**

**Metropolitan Swimming, Inc.**

**MAIL APPLICATION & PAYMENT TO:**

**Metropolitan Swimming, Inc.  
99 Sheep Pasture Rd.  
Port Jefferson, NY 11777**

HAVE YOU REPRESENTED THAT FEDERATION AT INTERNATIONAL COMPETITION?  YES  NO

2014 REGISTRATION FEE	
USA Swimming Fee	\$10.00
LSC Fee	\$10.00
<b>TOTAL DUE</b>	<b>\$20.00</b>

HIGH SCHOOL STUDENTS – Year of high school graduation: \_\_\_\_\_

YEAR LAST REGISTERED: \_\_\_\_\_

SIGN

HERE x \_\_\_\_\_

SIGNATURE OF ATHLETE, PARENT OR GUARDIAN

DATE

REG DATE/LSC USE ONLY \_\_\_\_\_

- Check if you would like to learn more about the USA Swimming Foundation's Initiatives
- Check if you would like to receive the electronic USA Swimming Newsletter (must be 13 years of age or older)