



2018 NYSA Season Starter Invite

At Valley Central High School

**FRIDAY, SATURDAY AND SUNDAY
October 12-14, 2018**

Metro Sanction # 181012

REVISED TIMELINE – NO FRIDAY SESSION

Invited Teams: AG, WSSC, MWSC, NBS, RFAC, HVD, TRS, BAD, YMID, BGNW, EAST, HAWKS, VAC, GAEL, LIE, DA, COND, AGUA, MVA, YBAR, NCAC, SPAR, SSC, SMC, SSL, WAC, APEX, FAST, IA, LGAC, MAKO, MPNY, WEST, PAC, GATORS-NJ, BBNJ, WAV-NJ, LSA, FREE, SWAG, CAT-NJ, HCY-NJ, YFD, LIAC, HS, DESC-NJ, PATS, SS, WSA, JCC, TS, HAA, QNS, SWIM70-CT, Ridgefield Aquatic Club CT, SCY, DVWM, FOBY, SCAR, EXCEL-NJ, IA-MR,

2018 NYSA Season Starter Invite

Friday, Saturday and Sunday – October 13-14, 2018

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 181012.

LOCATION: Valley Central High School Natatorium,
1175 Route 17K,
Montgomery, NY 12549

FACILITY: Valley Central 8-Lane, 25-yard, indoor pool with non-turbulent lane dividers. Colorado Timing System, 8-Lane Display Scoreboard. Tiered bleacher seating for spectators. The pool has not been certified in accordance with Article 104.2.2C (4)
The pool has not been certified in accordance with Article 104.2.2C (4)

SESSIONS: **Session 1: Friday PM: No Friday Session Events moved to Saturday and Sunday Mid Session**

Session 2: Saturday AM: 8:15 AM Warm Up – 9:15 AM Start

Session 3: Saturday Mid Session 11:00 AM Warm up – 11:45 PM Start

Session 4: Saturday PM: 1:00 PM Warm-Up – 2:00 PM Start

Session 5: Sunday AM: 8:15 AM Warm Up – 9:15 AM Start

Session 6: Sunday Mid Session 11:00 AM Warm up – 11:45 AM Start

Session 7: Sunday PM: 1:00 PM Warm-Up – 2:00 PM Start

WARM UP AND START TIMES FOR SESSIONS 3 & 5 MAY BE ADJUSTED AFTER THE MEET ENTRY DEADLINE. ALL TEAMS WILL BE NOTIFIED.

FORMAT: This is a timed final meet.
This meet will be deck seeded with coaches checking in/scratching all swimmers.

ELIGIBILITY: Open to all invited teams registered swimmers. All swimmers participating in this meet must be registered by first day of the meet. Age on October 12, 2018 will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to competition.

ENTRIES: Swimmers may compete in 2 individual events on Friday and 4 individual events per day for Saturday and Sunday. NT's will not be accepted.

All entries will be accepted on a first come, first serve basis. Teams will be considered accepted when the host club accepts the entries The host club must stay within the four hour per session rule.

The Distance Mid-sessions will be limited to 1 hour each. The swimmers must provide their own timer.

All received entries will be confirmed within 48 hours. Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A master sheet must accompany all entries. **PLEASE USE THE ADDRESS BELOW FOR PAYMENT.**

U.S. Mail Entries/Payment to:
NYS Aquatics, Inc,
c/o Edgar Perez
55 Walnut Street Suite 101B
Norwood, NJ 07648

Email Entries/Confirm Entry Receipt: NYSAEntries@gmail.com.

Sign Express Mail Waiver allowing delivery without signature.

DEADLINE: 1: All invited teams will be given priority on a first come/first serve basis. All other teams please send email to BG26608@hotmail.com. All entries must be received by September 30, 2018.
2: The final entry deadline for this meet is September 25, 2018

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of \$8.00 per individual event and \$3.00 per swimmer facility surcharge.

Make check payable to: **NYS Aquatics, Inc.**
Payment must be received by **September 25, 2018** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UPS: Warm-ups will be run under Metro Swimming Warm-up and Safety Guidelines. The meet director reserves the right to assign lanes for warm up based on the size of the meet. Following the general warm-ups, the competition pool will be open to all teams for a 15-minute dive and pace session: lanes 2-6 will be open for one-way sprints; lanes 1 & 8 will be remaining as general warm up and lanes 1 & 8 will be designated for pace. No diving will be permitted except in designated sprint lanes. All swimmers must be supervised by a coach.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Ribbons will be awarded to 12 & under swimmers only for places 1st – 8th in all events.

OFFICIALS: Meet Referee: Ernesto Martinez
Officials wishing to volunteer should contact Meet Referee by email:
Emathletics@gmail.com

MEET DIRECTOR: Patsy Burke, Email nysaentries@gmail.com

- ADMIN. OFFICIAL:** Patsy Burke, Email nysaentries@gmail.com
- RULES:** The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.** The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”**
- WATER DEPTH:** USA 2012 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls." **1.0 meter = 4 feet 6 inches, 5 meters = 13 feet** USA 2011 - 202.3.7
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Valley Central School District, New York Sharks Aquatics, Inc, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/ VISUAL RULES:** "Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the blocks."
- DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present,
- DECK CHANGING:** Deck changing is prohibited.
- ADMISSION:** \$7.00 Adults/session \$3.00 Program/session
- MERCHANT:** A concession stand will be available throughout the duration of the meet. A Swim shop vendor will also be on site.
- PARKING:** **There is free unlimited parking at Valley Central High School. All cars must be parked in designated parking spaces.**
- NO parking allowed in the fire zone in front of the buildings OR on Route 17K. If you are parked illegally...you will be ticketed and/or towed at your own expense.**
- DIRECTIONS:** <https://maps.google.com/maps?q=Valley+Central+Middle+School,+1189+State+Route+17+K,Montgomery,+NY+12549>.
- FACILITY RULES:** **NO SMOKING** within 50 feet of any entrance to the school or inside the school.
NO FOOD is allowed on deck. Liquid refreshments in plastic bottles are allowed.

NO GLASSBOTTLES or JUICE BOXES allowed on deck.

Saturday AM Session
Warm-up 8:15 AM Start 9:15 AM

Girls Event #	Age Group Event 12 and unders	Boys Event #
9	10 and unders 100 yd. Freestyle	10
11	11 – 12 100 yd. Freestyle	12
13	10 and unders 50 yd. Butterfly	14
15	11 – 12 50 yd. Butterfly	16
17	10 and unders 100 yd. Backstroke	18
19	11 – 12 100 yd. Backstroke	20
21	10 and unders 50 yd. Breast	22
23	11 – 12 50 yd. Breast	24

Saturday Mid-Session
Warmup 11:00 AM Start 11:45 AM

Girls Event #	Distance Session Must Provide your Own Timers	Boys Event #
25	Open 500 yd. Freestyle	26
1	Open 200 yd. IM	2
3	Open 200 yd. Breaststroke	4

Saturday PM Session
Warm-up 1:00 PM Start 2:00 PM

Girls Event #	Age Group Event 13 and over	Boys Event #
27	13 and over 100 yd. Freestyle	28
29	13 and over 50 yd. Butterfly	30
31	13 and over 100 yd. Backstroke	32
33	13 and over 50 yd. Breaststroke	34

Sunday AM Session
Warm-up 8:15 AM Start 9:15 AM

Girls Event #	Age Group Event 12 and unders	Boys Event #
35	10 and unders 100 yd. Butterfly	36
37	11-12 100 yd. Butterfly	38
39	10 and unders 50 yd. Backstroke	40
41	11-12 50 yd. Backstroke	42
43	10 and unders 100 yd. Breaststroke	44
45	11-12 100 yd. Breaststroke	46
47	10 and unders 50 yd. Freestyle	48
49	11-12 50 yd. Freestyle	50
51	9 - 12 200 yd. Backstroke	52

Sunday Mid-Session
Warmup 11:00 AM Start 11:45 AM

Girls Event #	Distance Session Must Provide your Own Timers	Boys Event #
53	Open 400 IM	54
5	Open 200 yd. Butterfly	6
7	Open 200 yd. Freestyle	8

Sunday PM Session
Warm-up 1:00 PM Start 2:00 PM

Girls Event #	Age Group Event 13 and Over	Boys Event #
55	13 and over 100 yd. Butterfly	56
57	13 and over 50 yd. Backstroke	58
59	13 and over 100 yd. Breaststroke	60
61	13 and over 50 yd. Freestyle	62
63	13 and over 200 yd. Backstroke	64



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____