



**NEW YORK SHARKS
SHORT AND SWEET QUALIFIER
At LEHMAN COLLEGE**

**SATURDAY AND SUNDAY
July 20th & 21th, 2019**

**Meet move to Mark Twain Middle School Pool
160 Woodlawn Avenue
Yonkers, NY 10704**

Metro Sanction # 190706

**** THIS IS A SHORT COURSE YARD MEET WITH QUALIFIING TIMES
SLOWER THAN Silver times.****

Invited Teams: AG, WSSC, MWSC, NBS,RFAC, HVD, TRS, WEST, BAD, YMID, BGNW, EAST,HAWKS,
VAC, GAEL, LIE, DA, COND, AGUA, MVA, YBAR, NCAC, SPAR, SSC, SMC, SSL, WAC,APEX, FAST, IA,
LGAC, MAKO, MPNY, GATORS-NJ, BBNJ,WAV-NJ, LSA, FREE, SWAG, CAT-NJ,SCY-NJ, YFD, LIAC, HS,
DESC-NJ, PATS, SS, WSA, JCC, TS, HAA, QNS, SWIM70-CT, RAC, PAC, SCY, NJRC, Albany Starfish,
Mandell JCC,PACK-CT, DVWM, SCAR-NJ, ZEUS-CT, GWYMCA-CT

NYSA SHORT AND SWEET QUALIFIER

July 20-21, 2019

THIS IS A SHORT COURSE YARD MEET WITH QUALIFIING TIMES SLOWER THAN Silver times.

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #190706

LOCATION: **Mark Twain Middle School Pool**
160 Woodlawn Avenue
Yonkers, NY 10704

FACILITY: 8 Lane 25 Yard Pool utilizing Daktronic Timing System and Scoreboard The pool Has been certified in accordance with Article 104.2.2C (4) Warm up and cool down lanes available throughout the meet. The competitive course is 7-13 feet deep NO SMOKING ALLOWED IN THE BUILDING. Teams are expected to police and maintain their areas on the pool deck. Athletes, parents and children are restricted to the pool area and spectators stands and are not authorized to be in any other part of the building. Offenders will be ejected from the facility

SESSIONS: **Session 1 Saturday AM: 10:00 AM Warm Up, 11:00 AM Start**
Session 2 Sunday AM: 10:00 AM Warm Up, 11:00 AM Start

FORMAT: This meet will be a timed final meet.
The meet will be deck seeded.

ELIGIBILITY: Open to all invited teams registered swimmers. All swimmers participating in this meet must be registered by first day of the meet. Age on July 20, 2019 will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to competition.

ENTRIES: **THIS IS A SHORT COURSE YARD MEET WITH QUALIFIING TIMES SLOWER THAN SILVERS TIMES.**

Swimmers may compete in 4 individual events per day for Saturday and Sunday. **NT's will not be accepted.** The host club reserves the right to keep their swimmers in the meet.

All invited teams will be given priority. All other teams please send email to BG26608@hotmail.com.

The final entry deadline for this meet is July 07, 2019.

Teams will be considered accepted when the host club accepts the entries. The host club must stay within the four hour per session rule.

All received entries will be confirmed within 48 hours.

Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A master sheet must accompany all entries.

U.S. Mail Entries/Payment to:

**NYS Aquatics, Inc,
c/o Edgar Perez
55 Walnut Street Suite 101B
Norwood, NJ 07648**

Email Entries/Confirm Entry Receipt: NYSAEntries@gmail.com.

Sign Express Mail Waiver allowing delivery without signature.

DEADLINE: The final entry deadline for this meet is **July 07, 2019**.

All other requests received after **July 07, 2019** and all entries from other LSC's will be entered in the order they were received, as space allows.

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of **\$8.00** per individual event for timed final event. There will be a \$5.00 facility fee per swimmer.

Payment must be received by **July 07, 2019** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

Make check payable to: **NYS Aquatics, Inc,**

WARM-UP: The meet director reserves the right to assign lanes for warm up based on the size of the meet. If lanes are not assigned; we will use Lanes 3,4 and 5 for continuous one-way starts starting 15 minutes before the end of the warmup and Lanes 1, 2, 6, 7, 8 for warm-up. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach.

SCRATCH PROCEDURE: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

- AWARDS:** Awards will be given to 12 and under swimmers only. 1st through 8th will received ribbons.
- OFFICIALS:** Meet Referee: Flick Marinello
Officials wishing to volunteer should contact Meet Referee by email:
Flickdance@msn.com
- MEET DIRECTOR:** Patsy Burke, Email nysaentries@gmail.com
- ADMIN. OFFICIAL:** Patsy Burke, Email nysaentries@gmail.com
- RULES:** The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.** The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”**
- WATER DEPTH:** USA 2012 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls." **1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all liabilities and claims for damages against The City of New York, Lehman College Apex Aquatic Center, NYS Aquatics Swim team, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for injuries to anyone during the conduct of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL RULES:** "Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the blocks."
- Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- DECK CHANGING:** Deck changing is prohibited.
- ADMISSION:** \$7.00 Adults/session \$3.00 10 and unders/session \$3.00 Program/session.
- MERCHANT:** A concession stand will be available throughout the duration of the meet. A Swim shop vendor will also be on site.
- DIRECTIONS:** Mark Twain Middle School Pool

160 Woodlawn Avenue
Yonkers, NY 10704

FACILITY RULES: **NO SMOKING** within 50 feet of any entrance to the school or inside the school.
NO FOOD is allowed on deck. Liquid refreshments in plastic bottles are allowed.
NO GLASSBOTTLES or **JUICE BOXES** allowed on deck.

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SESSION 1 – July 21, 2019 8:00 AM Warm Up 9:00 AM Start

Event #	Event	Event #
1	13 and over 200yd Free	2
3	10 & under 200yd IM	4
5	11-12 200yd IM	6
7	13 and over 100yd Back	8
9	10 & under 50yd Breast	10
11	11-12 50yd Breast	12
13	13 and over 200yd Breast	14
15	10 & under 100yd Fly	16
17	11-12 100yd Fly	18
19	13 and over 100yd Fly	20
21	10 & under 50yd Back	22
23	11-12 50yd Back	24
25	13 and over 200yd IM	26
27	10 & under 100yd Free	28
29	11-12 100yd Free	30
31	13 and over 50yd Free	32

SESSION 2 – July 21, 2019– 8:00 AM Warm Up 9:00 AM Start

Event #	Event	Event #
33	13 and over 100yd Free	34
35	10 & under 200yd Free	36
37	11-12 200yd Free	38
39	13 and over 100yd Breast	40
41	10 & under 100yd Back	42
43	11-12 100yd Back	44
45	13 and over 200yd Fly	46
47	10 & under 50yd Fly	48
49	11-12 50yd Fly	50
51	13 and over 200yd Back	52
53	10 & under 100yd Breast	54
55	11-12 100yd Breast	56
57	10 & under 50yd Free	58
59	11-12 50yd Free	60
61	13 and over 500yd Free	62



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____